

Preparing for A Level Psychology

Trial Exams for Psychology (Students will sit 2 papers)

Paper 1: Social Influence, Memory, Attachment, Psychopathology
Wednesday 25th January 2023 PM 2 hours

Paper 2: Approaches, Biopsychology, Research Methods
Monday 30th January 2023 PM 2 hours

Summer 2023 Exams

PAPER 1
19th May 2023
Start time: **AM**
Duration: 2 hours

PAPER 2
25th May 2023
Start time: **PM**
Duration: 2 hours

PAPER 3
5th June 2023
Start time: **PM**
Duration: 2 hours

Drop in sessions

Students are offered additional assessment opportunities on Monday from 3.15pm to 4pm each week.

This is to support students in writing under timed conditions and to focus on key topic areas. It will also help students who may feel anxious in exam environments to gain more exam style experience.

What other support is on offer?

Revision class

Thursdays SF01 – 3.15pm to 3:45pm

Students can also find A* example answers on Google Classroom along with the teacher's PowerPoint presentation for all topics

How do I prepare for my exams?

Don't put off until tomorrow what you can achieve today!

Little and often is better than spending many hours working

Take movement breaks and stretch

Drink water to keep hydrated and to help focus your Working Memory

Ensure that you have rehearsed answers under timed conditions

RAG rate every day! You should be moving to green on at least one topic each day

Complete past papers – build up to a full 2 hour paper rather than 30 minutes of assessment writing. This is a better replication of exam requirements.

Use the mark schemes to self-assess and use a different coloured pen to add any additional material or amend answers to improve your grade.

*Highlight the three-point rule in **all** your **AO3***

What works for you? Mind maps, written notes, flash cards, videos, recording your own voice. Create mnemonics and clues – you know about retrieval failure from the Memory topic!

Write on the back of old wallpaper rolls in different felt pen colour to link topics by colour and pin them to the wall (Permission required!)

Anything else?

Ask questions!

If you don't understand the mark allocation or question requirements speak to your peers and teacher

Use the resources provided

Consider additional resources such as:

The Tutor 2U website and YouTube sessions are an invaluable asset in revising and consolidating. They also provide advice on structure of answers and interpreting mark schemes.

<https://www.tutor2u.net/psychology>

<https://www.youtube.com/watch?v=pbf8Non5Dzw>

<https://www.youtube.com/watch?v=mB7uilR9ZYU>

Where can I find extra practice questions?

<https://www.physicsandmathstutor.com/psychology-revision/>

<https://www.aqa.org.uk/subjects/psychology/as-and-a-level/psychology-7181-7182/assessment-resources>

<https://revisionworld.com/a2-level-level-revision/psychology-level-revision/level-psychology-past-papers/aqa-level-psychology-past-papers>

<https://www.simplypsychology.org/aqa-level-psychology-past-papers.html>