

## TRANSITION FROM YEAR 11 TO SIXTH FORM

FRIDAY 22ND MAY 2020 -ISSUE 4



### #STAYSAFE

Hello all, Welcome to issue 4.

I hope you have a safe and restful half term next week. A time for reflection on what has happened, is happening and what is likely to happen next. My message this week is about thinking about the present. There is not a lot we can do about yesterday and tomorrow may bring other surprises and challenges.

Therefore let's concentrate on today. What have you managed, started or completed today? Even the smallest of triumphs should be celebrated. For example, following this wonderful weather, I spent some time yesterday evening at the allotment watering my seedlings.

Just then, I realised that these seedlings will grow tall and will produce tasty fresh fruit and vegetables in a few weeks. So that made me happy. A bit of watering will help my plants grow healthy and so to celebrate I went home and had a refreshing ice lolly. Even the small things that you do should be celebrated..

## TRIVIA - DID YOU KNOW?

- **Did you know** 11% of people are left handed
- **Did you know** August has the highest percentage of births
- **Did you know** unless food is mixed with saliva you can't taste it
- **Did you know** the average person falls asleep in 7 minutes
- **Did you know** a bear has 42 teeth
- **Did you know** an ostrich's eye is bigger than its brain
- **Did you know** lemons contain more sugar than strawberries
- **Did you know** 8% of people have an extra rib
- **Did you know** 85% of plant life is found in the ocean
- **Did you know** the Hawaiian alphabet has 13 letters
- **Did you know** a lobsters blood is colourless but when exposed to oxygen it turns blue
- **Did you know** the longest recorded flight of a chicken was 13 seconds
- **Did you know** the most commonly used letter in the alphabet is
- **Did you know** the 3 most common languages in the world are Mandarin Chinese, Spanish and English

## SIXTH FORM INDUCTION AND ENROLMENT

No doubt, you are wondering about what is going to happen about these events. We do know that GCSE results are going to be issued on Thursday 20th August 2020.

If all is well and if the guidance from the government allows, enrolment will be on the same day and following days. We are unlikely to be able to offer the Induction in June and are deciding how best we share the information with you.

Please be patient with us and wait for further information in June. There is already a lot of information on our sixth form website and please follow us on twitter @HLSSixthForm



# SUBJECT TRANSITION TASKS

We are pleased to announce that our transition tasks for September 2020 will be on our website from tomorrow. We have already shared information about each subject and the wider reading you could be doing and these are now subject tasks that you should engage in to prepare for sixth form. Staff have enjoyed creating these and I hope you enjoy the tasks they have set.

## WHAT CAN YOU DO NOW?

### NetSixthForm

**It would** be really beneficial for you to invest some time on these weekly tasks to fully prepare you for sixth form.

Year 11 Vimeo channel link is **<https://vimeo.com/showcase/7013773>**

Year 11 student password is **netsixth11**

Use the attached document to support the week 4 task – Independent Learning

## USEFUL LINKS TO SUPPORT YOUR HEALTH & WELLBEING

NHS mindfulness - <https://www.nhs.uk/conditions/stress-anxiety-depression/mindfulness/>

NHS exercise - <https://www.nhs.uk/live-well/exercise/>



**LOOK OUT FOR ISSUE 5 ON  
FRIDAY 5TH JUNE.**

Please contact me on  
**sixthform@highamlaneschool.co.uk**  
if you have any questions.

Till next week – stay safe.

Mr Hanif Ladha  
Assistant Headteacher – Head of Sixth Form

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