

# Safer Internet Day (8th Feb 2022) School information pack

Safer Internet Day 2022 will be celebrated on 8th February with the theme 'All fun and games? Exploring respect and relationships online'.

Young people often interact with others when gaming, chatting and streaming. Safer Internet Day 2022 celebrates creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.



Join the Supporters List and share your Safer Internet Day activities. Take part in the activities in this information pack.



"The platforms young people use are spaces for connection, community and collaboration, which is why the Day challenges them to foster supportive relationships and respectful communities, whilst equipping them with the skills they need to keep themselves and others safe in these spaces." (UK Safer Internet Centre, 2021)

## **Educational Resources**

UK Safer Internet Centre have created a range of resources to help you deliver sessions for Safer Internet Day. These educational resources have been specifically designed to support school staff in delivering messages about the campaign theme of respect and relationships in online gaming.

Download the pack <u>here</u> - it includes a guide to using the pack, lesson plans and slides, an assembly, activities, things to share on social media, and further guidance for educators.

Click the online issue to find out more

# **Online safety topics**

Coerced online child sexual abuse

<u>Sexting</u>

**Gaming** 



**Parental Controls** 

<u>Pornography</u>

**Online Bullying** 

**Social Media** 

## **Guides and resources**

#### Parents/Carers

Tips, advice, guides and resources to help keep children safe online.

#### **Teachers and School Staff**

School staff working with children and young people play a key role in supporting children to learn about how to stay safe online.

## <u>Children and Young People</u>

Games, quizzes, films and advice to help you get the most out of the internet while staying safe online.



# **Internet Safety Websites**

#### **UK Safer Internet Centre**

Helping children & young people stay safe online.

#### **Childnet**

Making the internet a great and safe place for children.

### **Internet Watch Foundation**

All children deserve protection from online sexual abuse

## **CEOP**

Children, young people and parents/carers can report online abuse or worrying communications to CEOP. The website also contains lots useful information about staying safe online.

## **Websites and Services**

www.mind.org.uk www.youngminds.org.uk www.time-to-change.org.uk www.selfharm.co.uk www.youthaccess.org.uk www.papyrus-uk.org

www.themix.org.uk www.annafreud.org

www.rcpsych.ac.uk/mental-health/parents-and-young-people

www.warwickshire.gov.uk/sorted (For self help books)



#### Kooth

Join Kooth, the free online mental health community for young people in Coventry and Warwickshire. Includes counselling via text service.

#### **CW RISE**

Rise is a family of NHS-led services providing emotional wellbeing and mental health services for children and young people in Coventry and Warwickshire.



# **Confidential support via text**

Young people aged 11-19 (or up to 25 with SEND) can text a school nurse for support via ChatHealth. The nurse can provide support with a range of topics, including internet safety, and can refer onwards to specialist services where required.



07505 331 525