

WHAT DO YOU WANT TO DO TODAY?

Interactive PDF! Tap the icons to explore



ADVENTURE



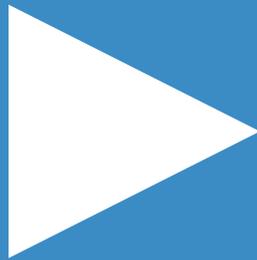
SELF-CARE



INSPIRE



READ



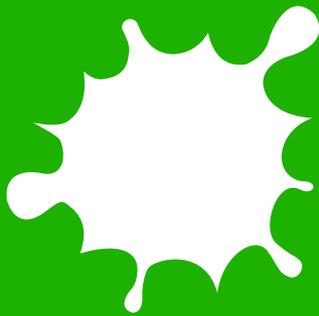
WATCH



LISTEN



MOVE



DO



PLAY

ADVENTURE



Buckingham Palace

Virtual Tour



Great Wall of China

Virtual Tour



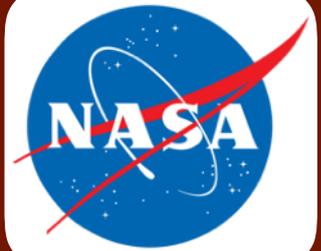
The Vatican

Virtual Tour

360 cities

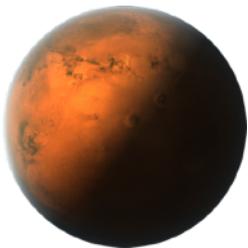
360Cities

Tours of cities around
the world



NASA Archive

Space Photography



Mars

Virtual Tour



International Space
Station

Virtual Tour



Museum Tours

SELF-CARE



Anna Freud Centre
Self-Care

Huge bank of self-care activities



Mind

Coronavirus and your wellbeing

YOUNG
MINDS

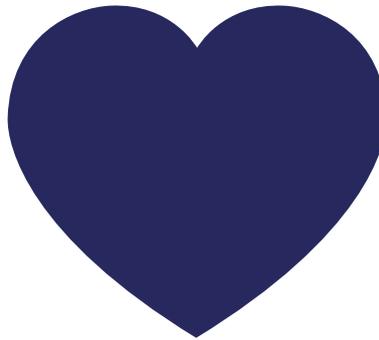
Young Minds

What to do if you're anxious about coronavirus

childline

Childline Calm Zone

Activities and tools to help feel calmer



change
4 life

NHS Change 4 Life

Easy ways to eat well and move more

SANVELLO™

Sanvello

Stress and anxiety care app



Coping with Self-Isolation

Tips to cope during this period of uncertainty.



THE PE AND SCHOOL
SPORTS NETWORK

PE & School Sports Network

Spread a Little Happiness! Guide

INSPIRE

Museums



Google Arts & Culture

Online tours & collections from across the globe



British Museum, London

Virtual tour



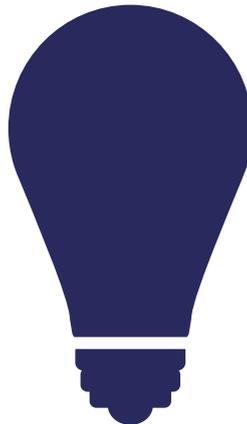
Guggenheim Museum, New York

Virtual tour



Science Museum, London

Online Collections



Victoria & Albert Museum, London

Online Collections



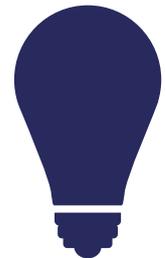
London Transport Museum

Online Collections



Natural History Museum

Online Collections



More

Tap here for galleries and more

INSPIRE

Art & Galleries



Google Arts & Culture

Online tours & collections from across the globe



Louvre, Paris

Online Collections

National Portrait Gallery

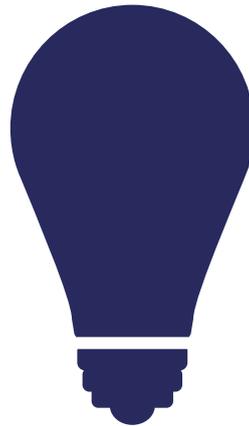
National Portrait Gallery, London

Online Collections



The National Gallery, London

Online Collections



Royal Academy of Arts

Royal Academy Family Activities

Online Collections & Family Activities

TATE

Tate Modern, London

Online Collections



Georgia Aquarium

Live Aquarium Camera Feed



Edinburgh Zoo

Live Zoo Camera Feeds

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More

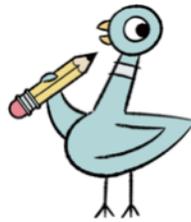
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Sixth Form & Staff



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Daily drawings and
writing advice



Manga Bird

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app



Symphony Space
Selected Shorts

Short audio stories -
Sixth Form & Staff



British Library

Manuscripts,
collections and maps



DC Comics
Kids Camp

Activities from writers
and artists



The Phoenix Comic
Q Club

Activities and comics
to read



Dav Pilkey Activities

Drawing
demonstrations and
Read-a-Louds

WATCH

Theatre and Opera



National
Theatre

National Theatre
Live Youtube

Weekly play streamed
on Youtube



The Show Must Go
Online

Weekly readings of
Shakespeare plays



SADL
ERSW
ELLS

Sadler's Wells Digital
Stage

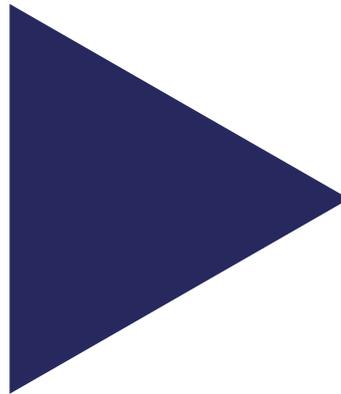
On demand Dance
performances



GLOBE
PLAYER

Globe Player

Shakespeare plays, in
multiple languages,
available fortnightly



THE SHOWS
MUST GO ON!

The Shows Must Go
On!

West End & Broadway
musicals on Youtube
for limited periods!



ROYAL
OPERA
HOUSE

The Royal Opera
House

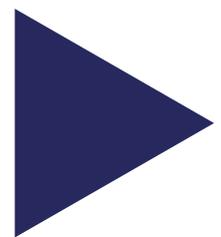
Weekly broadcasts,
masterclasses and
insights



The
Wind
in the
Willows

The Wind in the
Willows

Stream the musical
from the London
stage



More

Tap here for Cinema,
TV and Fun viewing
choices

WATCH

Television, Cinema, and fun



Amazon Prime Video

Kids shows available free with an Amazon account



Studio Ghibli Behind the Scenes

4-part documentary on Hayao Miyazaki



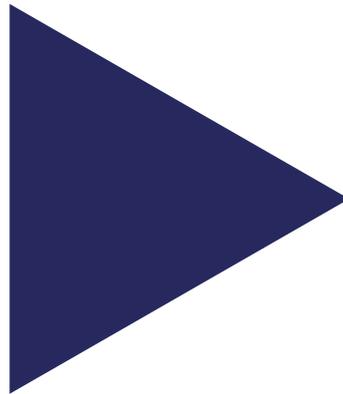
Smithsonian Channel

Science, nature and pop culture YouTube



Art Assignment

YouTube art series



Crash Course

Educational YouTube Channel



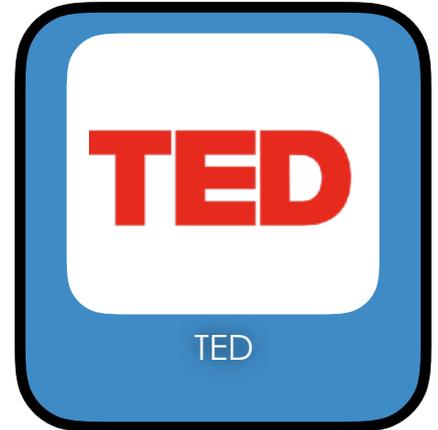
Vsauce

Science, Psychology and Philosophy curiosity on YouTube



The Nerdwriter

Video essays on cinema, television and story



TED

Online talks on a huge range of subjects

LISTEN

Podcasts



But Why

Answers to the biggest questions



This American Life

Stories of life in America



Welcome to Night Vale

Fictional radio show from a mysterious town



The Past & The Curious

Little known stories from history



Tumble

Interviews with scientists!



Stuff You Should Know

The HowStuffWorks podcast teaching... stuff you should know



The Unexplainable Disappearance of Mars Patel

Mystery series voiced by teenagers, think *Stranger Things*



Audible Stories

Free audiobooks

MOVE



PE & School Sports Network

Spread a Little Happiness! Guide



PE with Joe Wicks

PE Sessions on Youtube



Yoga with Adriene

Online Yoga

COUCH
TO 5K

Couch to 5K

App to help get you running



Diversity/20DV

Dance tutorials for free

SADL
ERSW
ELLS

Sadler's Wells Digital Stage

Dance workshops online



Learn to juggle!

Beginner Tutorial

change
4 life

NHS Change 4 Life

Easy ways to eat well and move more

DO



Harry Potter

Harry Potter
at Home

Activities, quizzes,
puzzles and more.



Maker Camp

Things to discover,
create and make



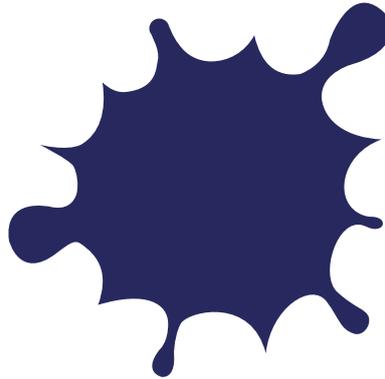
Writing Prompts

365 creative writing
prompts

THE
JAMES
DYSON
FOUNDATION

Science Challenge

Engineering and
science challenges
from Dyson



Magic Tricks

Easy magic tricks for
beginners



Museum colouring
pages

Colouring pages
created from museum
pieces

TASKMASTER



Taskmaster @ Home

Join in on silly
challenges

PAPER
TOYS.com

Paper Toys

Print out paper toy
models and make
them at home

PLAY



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Play chess online



Card Games

15 simple, easy and fun card games



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Add a twist to your monopoly games



Cartoon Network

Free games with Cartoon Network heroes



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Pen and Paper Games

Games you play in pairs or groups with pen and paper



Parlour Games

Easy games to play with your family right now!