

Are you a parent/carer to
an autistic child or teenager?

Do you want to understand their autism
and help them understand their autism?

We are offering a series of facilitator led workshops

WASP: Warwickshire Autism Support Programme for parents/carers of children aged 4-12

TASP: Teenage Autism Support Programme for parents/carers of children aged 13-18

The workshops are fully-funded and comprise of
4 x 3-hour sessions over a 4-week period facilitated
by autism professionals who are also parents.

You will be joined by up to 12 other parents for an
informative and empowering workshop.

Objectives:

- To enable parents/carers to understand their child's lived experience – the joys and the challenges
- To facilitate a 'conscious connection' between parent/carer and their child via the **3 C pathway**, a relational approach to parenting
- To identify adjustments/changes to help their child feel secure and be understood

The four weeks will follow a broad framework:

1. Autism, a brief history and context. Your child and their autism
2. The sensory world – experience it and consider how it impacts on your child
3. Communication – making connections and building a secure base
4. Transitions, advocacy, planning next steps and problem solving

Each week aims to be person-focused and attendees will be encouraged to share and comment.

Open to families based across Coventry and Warwickshire.

Warwickshire Autism Support Programme

WASP Booking Form

Dates:

Name:

Relationship to child:

Address:

Phone Number:

Child's Name;

Child's DOB:

Child's Year Group:

School:

Diagnosis (if relevant)



Teenage Autism Support Programme

TASP Booking Form

Dates:

Name:

Relationship to child:

Address:

Phone Number:

Child's Name;

Child's DOB:

Child's Year Group:

School:

Diagnosis (if relevant)

