

What is Love?



LEARNING OUTCOMES

Knowledge, Skills & Actions

To define the term love and understand that it comes in many forms

To understand the meaning of love between a couple and the expectations that form a positive romantic relationship

New Vocabulary

Feelings, love, relationships, friendships, jealousy, religion




STARTER ACTIVITY

WHAT IS LOVE?
Identify 3 key points of a healthy relationship. Explain 1 way you could deal with conflict in a relationship.

EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

PSHE

EFFECTIVE GROUND RULES

CREATIVE CURRICULUM

Show respect

- By listening
- Not interrupting
- Only 1 person talking at a time

Be open and honest but **no personal comments** – Discussions will be about **'general situations'**

Don't make assumptions about people's values, attitudes, behaviours, life experiences or feelings

You don't have to say things about yourself if you don't want to (**You have the right to pass**)

PSHE CLASSROOM RULES DEALING WITH SENSITIVE TOPICS

There are **no stupid questions**. A question box for anonymous Questions

It's OK to get things wrong

SAFEGUARDING YOUR WELFARE & HAVING YOUR INTERESTS AT HEART

Have a **non-judgemental approach**. No put downs and challenge the opinion not the person

Enjoy the lesson, Challenge your perceptions and **understand how to seek further advice and support**

Use the agreed appropriate Language (**Avoid slang terms**)

Don't show the fact you are embarrassed through silliness

Conversations stay in the room unless it is a **safeguarding issue**



What is Love?



ASSESSMENT FOR LEARNING

BASELINE CONFIDENCE CHECKER



BEFORE THE LEARNING	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT				CONFIDENT				VERY CONFIDENT	
I can explain what love is										
I understand the expectations that form a positive romantic relationship										
I can explain the many differences between love and sex										



Complete a baseline assessment of where you think you are at for this lesson
(Discussion or complete sheet)



2 Minutes

←

	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
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WHAT IS LOVE?



WHAT IS LOVE?



WHAT IS LOVE?



WHAT IS LOVE?

Often the word 'love' is used to mean no more than 'like' e.g. 'I love fish and chips'. It can also refer to the love shown towards a friend, the affection for parents and family, a crush on a pop star or the physical excitement in a sexual relationship



There is much more involved in love than sexual desire and satisfaction. Sex as a physical action can be separated from love and it can become just a mere act, although, on the other hand, the physical closeness of sex can sometimes be wrongly mistaken for love if there is a lack of communication. Sometimes consensual sex can be a way of displaying love for a partner. Confusing right?!?

for you...

What is Love?

“the deepest kind of love, ‘true’ love, involves caring, sacrifice, giving without expecting anything in return, putting the other person’s feelings first and accepting the other person for what they are. Love in this depth is not selfish and there can be no manipulation”

Tasks

1. Do you agree with this definition of love?
2. Come up with your own definition of love?
3. Are there different categories of love? If so what are they?

Reverse Assumptions



Play video



What thinking is needed? next steps? Where are we now

What is wrong? Is it safe? can it be done?

What do teens think about their dating lives?
Task: Pick one or two colours and answer all the related questions



THINKING

JUDGEMENT



What facts do I know? What else do I need to know? What do I want to know?

How do I feel about this? What don't I like about this? What do I like about this?

Can something be done? New ideas? What are the solutions/ suggestions?



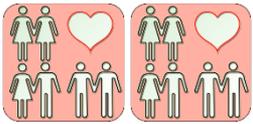
INFORMATION

FEELINGS

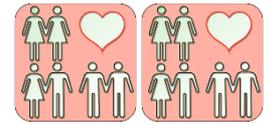
CREATIVITY

6 Minutes

THINKING HATS



QUIZ!



Who is the love interest of each of these characters?

A



B



C



D

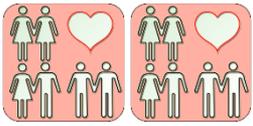


E



F



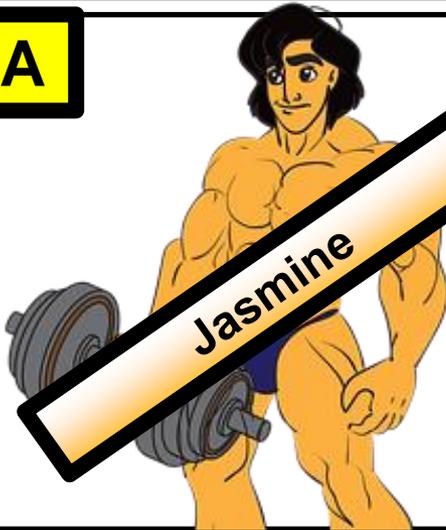


ANSWERS



Who is the love interest of each of these characters?

A



Jasmine

B



Kitty Soft Paws
or Dulcinea
Dulcinea

C



Prince Eric

D



Princess Fiona

E



Bo Peep

F



Peeta (also accept
Gale)

The love test.

For each of the following decide whether this is a sign your partner truly loves you.

IS IT LOVE?	YES	NO
They are incredibly romantic and lavish you with gifts		
They move really fast in the relationship		
They get jealous easily and want you for themselves		
They dislike your friends – and make sure you know it		
They'll worry about you		
They check up on your internet history		
You'll feel like you're with two different people		

Considerations

Consideration:

Consideration:

Consideration:

Before you ask
someone to be your
boyfriend/ girlfriend
what should you
consider?

Consideration:

Consideration:

Consideration:

People often identify the desire or the pressure to have a boyfriend or girlfriend without having the opportunity to consider the pros and cons of relationships

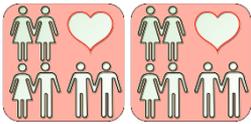
What is Love?

“Bibles Definition of Love:

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.”

Tasks

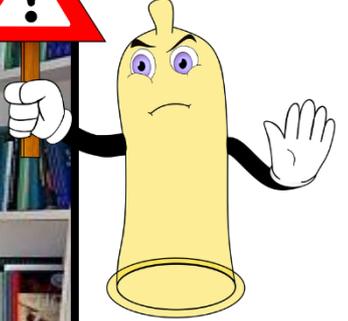
- 1. Do you agree with this definition of love?**
- 2. Are love and sex the same thing?**
- 3. Are there different categories of love? If so what are they?**



QUIZ!

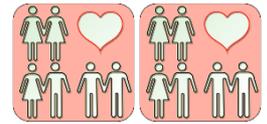
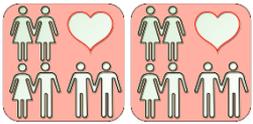


OBSERVATION ROUND 2 minutes to study the picture



SAFE
SEX





ROUND 8

OBSERVATION ROUND

A

How many red love hearts were

B

What was written on the hand?

C

How many condoms were in the

D

Name the middle two cities on the

E

What colour was the duvet cover?

F

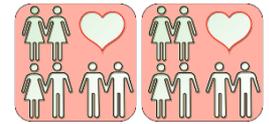
Was Santa flying in the background of

G

What colour was the bra?

H

Would this couple use protection?



ROUND 8

OBSERVATION ROUND

A

How many red love hearts were
. **ine**

E

What colour was the duvet cover?
. **reen**

B

What was written on the hand? **afe ex**

F

Was anta flying in the background of
. **o**

C

How many condoms were in the
. **tree**

G

What colour was the bra? **lack with a**

D

Name the middle two cities on the
. **ew ork & okyo**

H

Would this couple use protection? **ossibly**



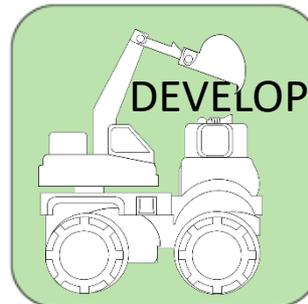
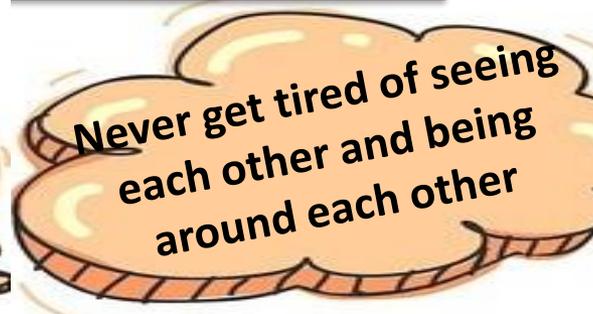
Play video



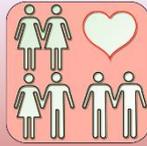
Teens talk about love

Talking points

- I think that ...
- I don't think... is right because...
- My opinion is...
- I would argue the same because...
- I disagree with... because
- Building on what ...
- An alternate way of looking at this is...
- I sort of agree, however...
- In my view...
- I would challenge what... said because ...



LEARNING OUTCOMES



STOP!

Let us review our learning outcomes for this lesson
Knowledge, Skills & Actions

PAIR & SHARE

ASSESSMENT FOR LEARNING

Confidence Checker



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Complete the confidence checker of where you think you are at for this lesson (Discussion or complete sheet)



3 Minutes



	I'm not confident at all		I'm getting more confidence		Confident		Very confident		Super confident
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IMPORTANT INFORMATION

SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and understand how to seek further advice and support

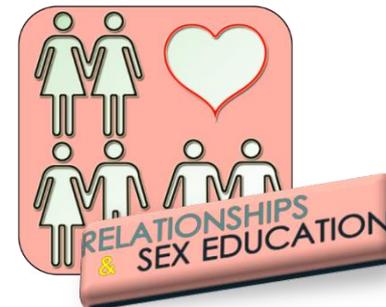
IMPORTANT INFORMATION



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR, TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

Organisation	Phone	Website
Childline	0800 1111	childline.org.uk
Childnet	N/A	childnet.com/young-people
Stonewall	08000 50 20 20	youngstonewall.org.uk
Anti-bullying Alliance	N/A	anti-bullyingalliance.org.uk
Rape Crisis	0808 802 9999	rapecrisis.org.uk
Victim Support	0808 16 89 111	victimsupport.org.uk



2 Minutes

SIGNPOSTING SUPPORT

HELP & SUPPORT SERVICES

FURTHER INFORMATION



REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact...

Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ..

I would like to learn...

A question I would like to ask is...

Before I thought that ... but now I realise..

One assumption of mine that was challenged was...

Today I have tried to...

Next lesson I would like to..

Before I would have done... Now I will ...

Before I would have said ... but now I will say...

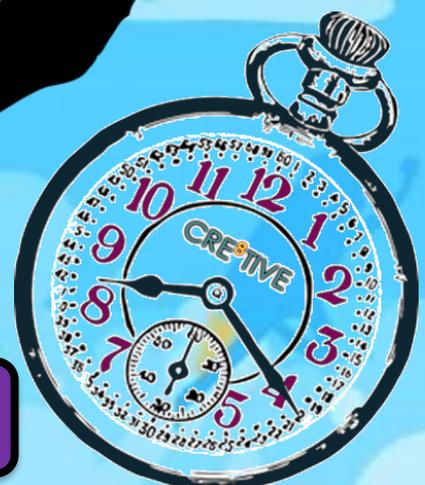
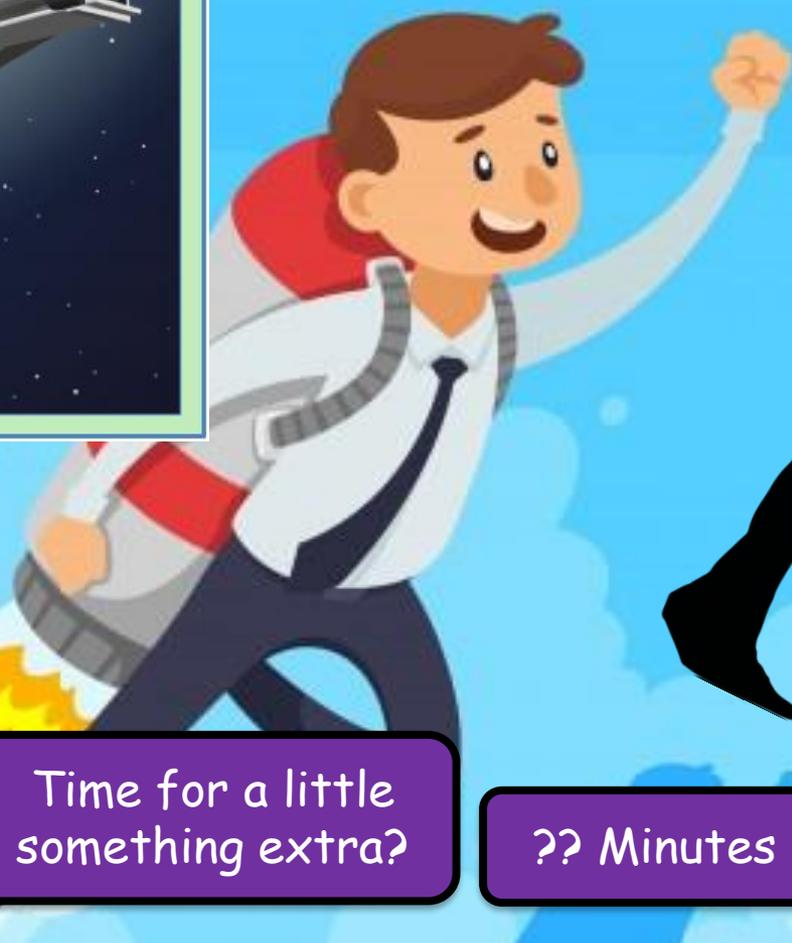
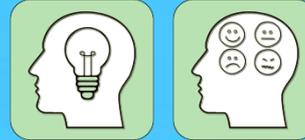
A problem I overcame today was...

2 Minutes



REFER TO MINDFULNESS

▶▶▶ POWERPOINT



Time for a little something extra?

?? Minutes

