

### Sexual Orientation





#### Knowledge, Skills & **Actions**

To understand the many different key terms and concepts that are used within this topic

To explore and challenge LGBT+ prejudices and stereotypes that are out there

To understand the damaging impact homophobic language has on people



A Sexual, Pansexual, Bisexual, Queer, Heteroflexible, Heterosexual, Homosexual











What could be worrying these pupils? Who could you speak to in school if you were feeling like this?

Why is it good to talk with someone about something that is worrying you?



# **PSHE**



#### **Show respect**

- By listening
- Not interrupting
- •Only 1 person talking at a time

You don't have to say things about yourself if you don't want to (You have the right to pass)

It's OK to get things wrong

Enjoy the lesson,
Challenge your
perceptions and
understand how to
seek further advice
and support

Be open and honest but **no personal comments** – Discussions will be about 'general situations'

#### **PSHE CLASSROOM RULES**

DEALING WITH SENSITIVE TOPICS

SAFEGUARDING YOUR
WELFARE & HAVING YOUR
INTERESTS AT HEART

Use the agreed appropriate Language (Avoid slang terms)

Don't show the fact you are embarrassed through silliness

Don't make
assumptions about
people's values,
attitudes, behaviours,
life experiences or
feelings

There are **no stupid questions**. A question box for anonymous Questions

Have a nonjudgemental
approach. No put
downs and challenge
the opinion not the
person

Conversations stay in the room unless it is a safeguarding issue



DID?

MIGHT?

COULD?

CAN? / WILL?

IS? DOES?

**SECOND** 

HOW?

WHAT?

WHERE?

WHO?

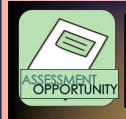
WHY?





Using the grid above come up with three questions about the image





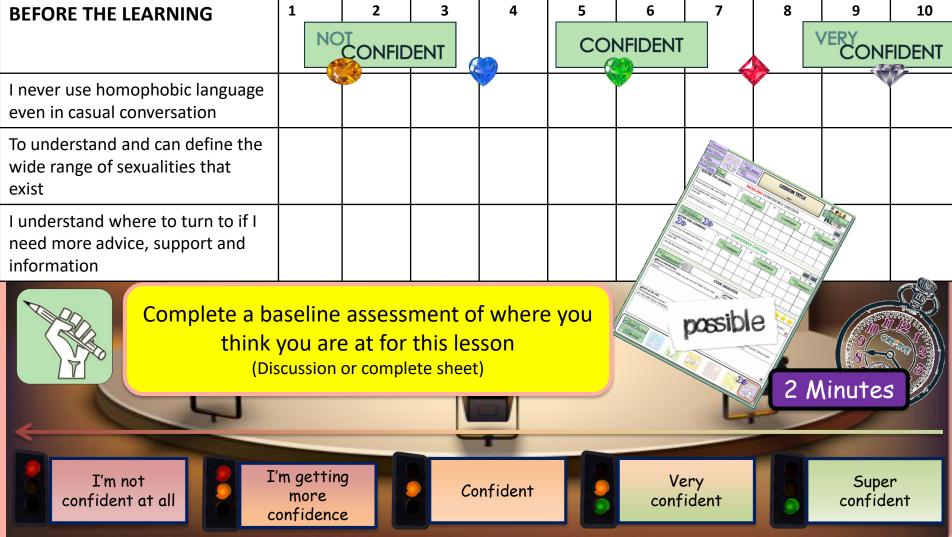
#### **Sexual Orientation**



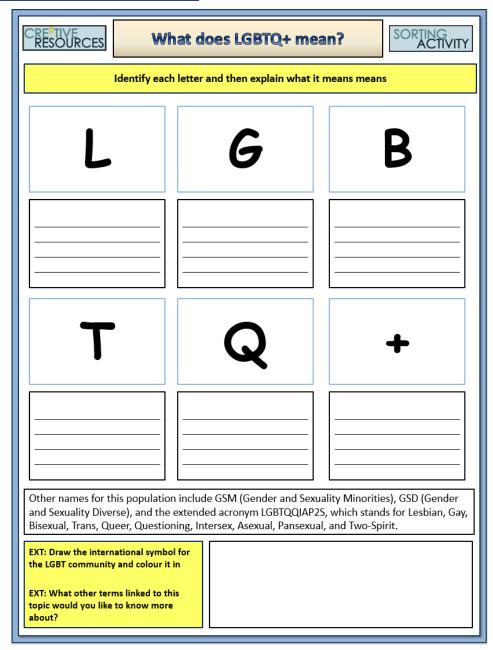


#### **BASELINE** CONFIDENCE CHECKER





#### **HANDOUT**





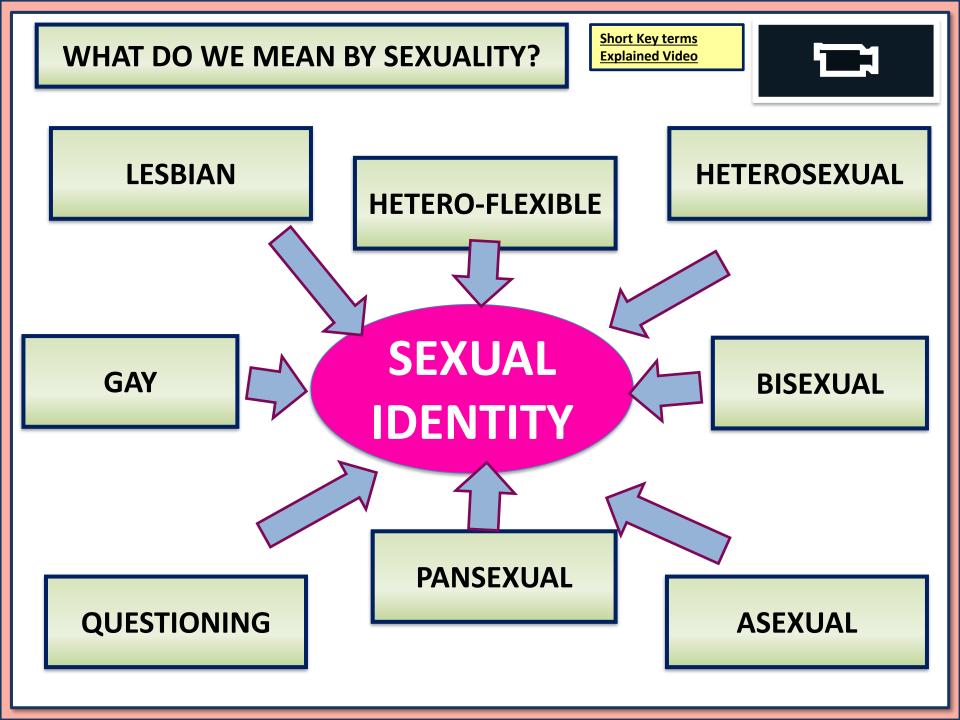
## TASK OR CHALLENGE

#### **TASK**

Read through the handout and complete all the activities

#### **CHALLENGE QUESTIONS**

- Why is identity important?
- Why does the saying 'Never judge a book by its cover' actually mean?
- What is homophobia?



Many people in the LGBTQ+ community face judgment and intolerance because of their identity. It is important to realize that each group may have different experiences and issues.

**GAY** 

**LESBIAN** 

**TRANSGENDER** 

**BISEXUAL** 

#### **Non-Binary**

(Someone whose gender is not male or female)

Identity = The condition of being one's self. Every persons is unique e.g. Qualities, beliefs, personalities looks and/or expressions that make a person or group

# TASK OR CHALLENGE

#### **Task**

What kind of things will impact on this group of people as they go about their daily lives? Think about stereotyping, prejudices, discrimination or even difficult situations

#### Challenge

Same as the task but also explain, how they could overcome these things or, what is needed to help them overcome it.



#### Match the key word with its correct meaning

#### **Asexual**

Attraction to a gender that is different from your own E.G male attracted to female

Α

**Bisexual** 

Not limited in sexual choice with regard to biological sex, gender, or gender identity

В

#### **Pansexual**

Attracted to two or more genders. E.g. A woman is attracted to both men and other women

C

#### Queer

Attraction to your own gender. E.g. the terms gay or lesbian might be used.

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#### Heterosexual

A lack of sexual attraction to others

#### Homosexual

Umbrella term reclaimed by some LGBTQ+ communities. Only these people can use it as to many it is still an offensive term.

F

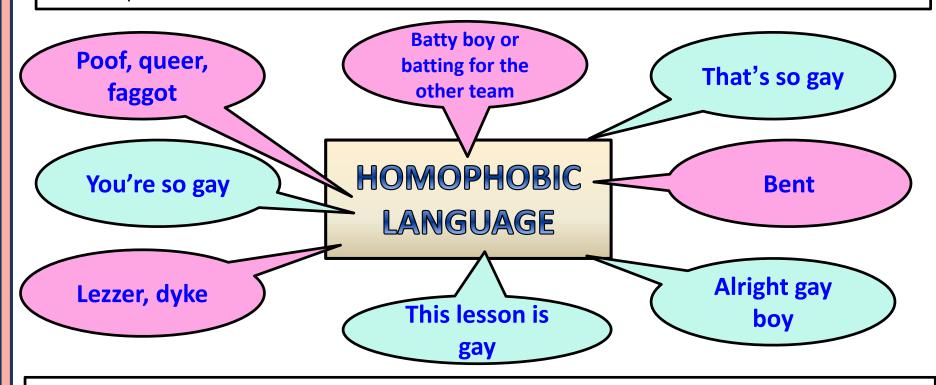


#### WHAT IS HOMOPHOBIC LANGUAGE?

Words spoken by
Victims of
homophobic bullying



Homophobic language is derogatory language that is often aimed towards perceived lesbian, gay and bisexual people, or those thought to be LGBT. In addition, homophobic language is also often used to refer to something or someone as inferior. Phrases such as 'you're such a lemon!' or 'those socks are super gay!', for example, may be used to insult someone or something, but without referring to actual or perceived sexual orientation.



The language above is **NOT acceptable** and cannot be dismissed as harmless "banter" **EVEN IF THIS IS NOT YOUR INTENTION!** Be very careful about the language that you use as it can be very hurtful and incredibly upsetting for others to hear you liken the term gay to something that is wrong or inferior

#### HOW DO SOME PEOPLE FEEL WHEN THEY HAVE TO HIDE THEIR IDENTITY FROM OTHERS?













#### TASK OR CHALLENGE

Describe how each picture could relate to a feeling of someone who is afraid to tell their family and friends that they are gay. Which picture best represents a positive feeling? and which pictures represent negative feelings?

Why do people feel they have to hide their identity 'Stay in the closet'? What can be done to make young people feel more confident about their LGBT identity?



## FEELINGS WHAT DO YOU THINK?





"It is very offensive to the LGBT community to describe something as gay when you mean rubbish"

#### **Talking points**

I think that ...

I don't think... is right

because...

My opinion is...

I would argue the same

because...

I disagree with... because

Building on what ....

An alternate way of looking

at this is...

I sort of agree, however....

In my view...

I would challenge what...

said because ...













## FEELINGS WHAT DO YOU THINK?





"Homophobic behaviour is commonplace in my secondary school"

#### **Talking points**

I think that ...

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because...

My opinion is...

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I disagree with... because

Building on what ....

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## FEELINGS WHAT DO YOU THINK?





"Teachers deal with homophobic comments towards students with the same severity as racist comments"

#### **Talking points**

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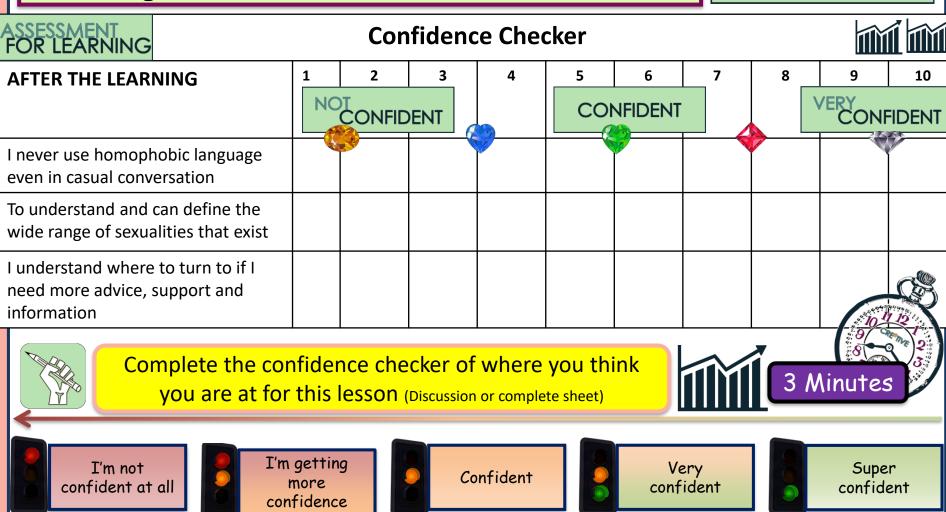


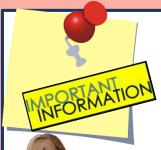
# STOP!



Let us review our learning outcomes for this lesson **Knowledge, Skills & Actions** 







# SEEKING SUPPORT

Enjoy the lesson, Challenge your perceptions and understand how to seek further advice and support



FOR MORE INFORMATION ABOUT THE TOPICS COVERED IN THIS UNIT WE WOULD ADVISE ONE OF THE BELOW:

SPEAK TO YOUR PARENTS/GUARDIANS OR HEAD OF YEAR,

TRUSTED ADULT OR FRIEND IF YOU HAVE ANY CONCERNS ABOUT
YOURSELF OR SOMEONE YOU KNOW - IT IS ALWAYS IMPORTANT TO TELL SOMEONE!

SPECIFIC FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- □ VISIT lgbt.foundation (advice, support and information)
- ☐ CALL 0300 330 0630 (Switchboard.LGBT 10am 10pm everyday)CALL 04879 568 256 (INFORM)
- □ https://www.stonewall.org.uk



2 Minutes

SIGNPOSTING SUPPORT

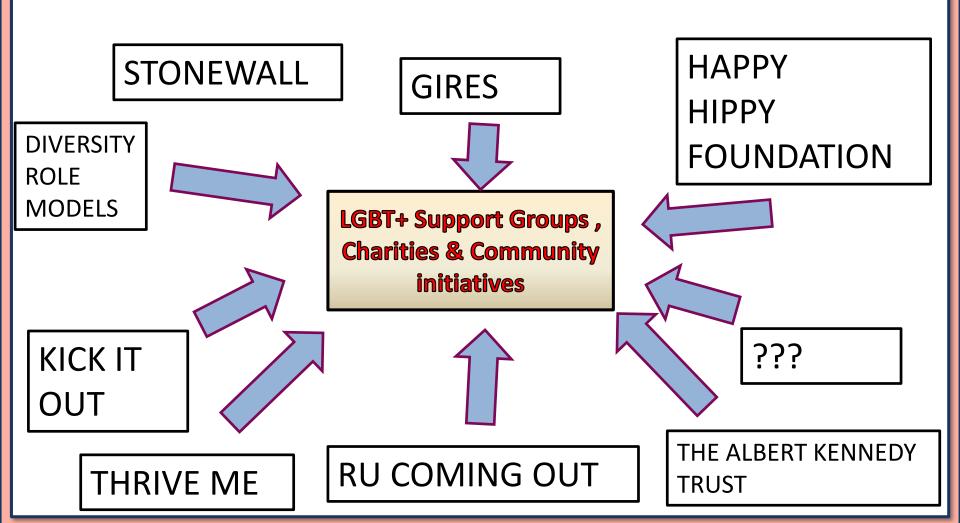
HELP SUPPORT SERVICES

FURTHER INFORMATION



#### WHERE CAN I TURN TO FOR MORE ADVICE, SUPPORT & INFORMATION

HERE ARE SOME AWARD NOMINATED ORGANISATIONS



# REFLECTION PLENARY

I know if I need further support or help I could speak to.... or contact... Before I could/would say and do ... but now I feel I am able to say

Before I only knew ... now I also know ...

I supported others by...

One thing I didn't realise was... now I know that...

The key words for this lesson are...

I always knew ... but now I can see how it connects to...

The most important thing I have learnt today is...

I'm really proud of the way I have...

I used to feel ... but I now feel ...

I would like to learn...

Today I have tried to...

A question I would like to ask is...

Before I thought that ... but now I realise..

of that ... One assumption of mine that was challenged was...

Next lesson I would like to..

Before I would have done...
Now I will ...

Before I would have said ... but now I will say...

A problem I overcame today was...



